

My Revision Planner

Let's get revision started!



Top 3 goals for this week

- 1
- 2
- 3

Health tracker

Exercise

Water

Good night's sleep

	M	T	W	T	F	S	S
Exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Water	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Good night's sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING							
AFTERNOON							
EVENING							

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My Motivations

Use this page to record what is motivating you to revise! Is it securing your place at college or university? Is it getting your dream job? You decide!

- 1
- 2
- 3
- 4
- 5

My Revision Tips

We know that revision can be difficult and stressful. Here's our helpful revision tips to help you succeed!



Make a Plan

Work out how much time you have and plan enough time for each subject.



Stay Focused

Find a quiet place to study that is away from distractions.

Start Early

By starting your day early, you can get more of the revision done, leaving you feeling positive about the day and what you've achieved.



Find Your Technique

Try a range of revision techniques to keep things interesting, from flash cards and past papers to writing down notes from memory.



Study in Bite-Sized Chunks

Break your work down into more manageable chunks to make it less overwhelming.

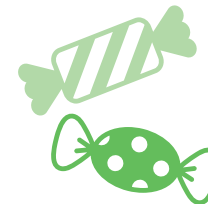


Get Enough Sleep

Sleep is important! Try to get at least eight hours a night (and stick to a routine).

Reward Yourself

For each thing you tick off your revision list, reward yourself. This will motivate you to keep going.



Be Organised

Set up your revision space, making sure you have everything you need for the revision session.



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